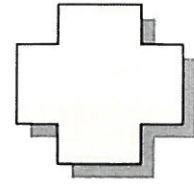


Lifeguard



Certification Course

Lifeguard training candidates who pass the course will receive certification in:

- Lifeguard Training valid for 2 years
- First Aid valid for 2 years
- CPR/AED for Lifeguards valid for 2 years
- First Aid for Public Safety Personnel valid for 3 years

Candidates must be present for all sessions to receive certifications.

Course is taught using American Red Cross standards.

Dates & Times:

May 1-5 4:30pm-8:30pm

May 6-7 8:30am-4:00pm

Cost:

Full Course: \$235.00

Review: \$160.00*

(\$10 Discount if a PRPD Rewards Member)

* To be eligible for review, candidates must possess current certificates. Once certification is expired, individuals must take the full course.

Prerequisites:

- Swim 300 yards continuously
- Tread water for 2 minutes, using only legs
- Complete a timed event within 1 minutes 40 seconds
- Be 15 years old on or before 5/15/16

Register early – class size is limited!

Location: Paradise Pool and Paradise Pool Recreation Building
(5600 Recreation Drive)

Instructor: Emilia Erickson

